

Warning Signs

Warning signs of someone being abused:

- » Depression or loss of confidence
- » Loss of interest in activities and hobbies
- » Noticeable changes in eating or sleeping patterns
- » Worrying about making a dating partner angry or jealous
- » Excuses the dating partner's bad behavior
- » Isolation from family and friends
- » Spending too much time with a dating partner
- » Suspicious bruises or injuries
- » Alcohol or drug use

Warning signs of an abuser:

- » Insults made to a dating partner in public or private
- » Controlling behaviors (controlling how a dating partner dresses or acts, who he/she spends time with, checking in constantly)
- » Personal history of aggression, bullying, or having trouble controlling anger
- » Threats to hurt self or others
- » Damaging a dating partner's personal belongings
- » Extreme jealousy

For more information about Choose Respect, go to www.chooserespect.org.

